



OCCA NEWSLETTER March 31, 2023

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OCCA Board Meeting (March 18, 2023)

《开放包容铸就华人社区的凝聚力》 橙郡华人协会董事会

转眼到了 2023 年的 3 月底，农历兔年春节也已经过完了两个月。时间如同流水，不停而无声。回顾自去年底橙郡华人协会的交接动议到最近的落实，也在时间紧张的前提下完成了简洁而有气氛的新年庆祝活动，看到孩子们生动活泼的表演，各位家长和志愿者忙碌的身影，在一片红火的过年气氛中，我们也终于在三年后迎来了真正意义上的面对面庆祝春节！

作为 OCCA 的新一届董事会，我们考虑有必要和社区的会员，学校的师生以及家长和朋友们说几句话，算作一个简要介绍，也是正式开展工作的一个起点。

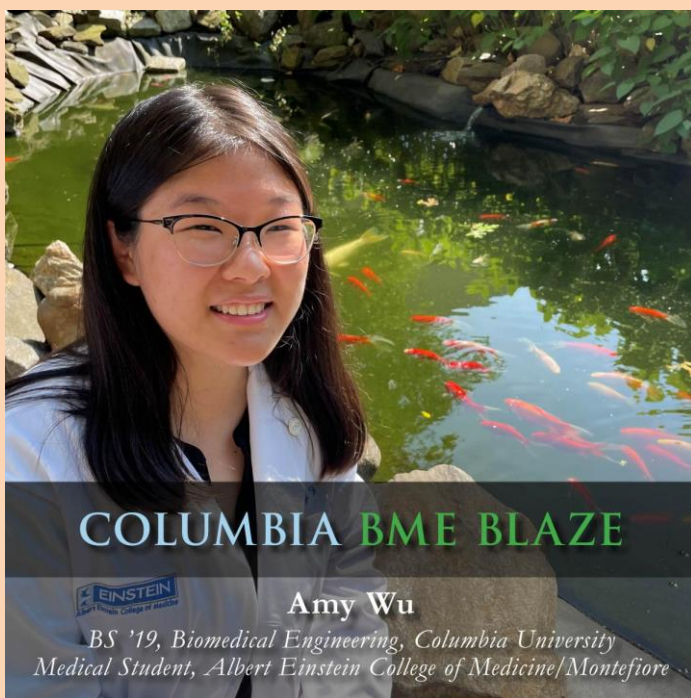
首先，OCCA 的组织要持续存在。这个是目前为止我们当地华人自发形成且熟知的非官方组织。几十年以来，借助中文学校的教学活动，我们本地的华裔家庭和喜欢中国文化和中文的家庭有了一个教育孩子，结交朋友，联络乡情的平台。也给我们这些海外的游子一个互助守望，共同进步的交流空间。多年以来，我们已经习惯于年底看春节庆祝的节目，年中看到孩子们毕业离开的依依不舍，也有新的学生到来的激动与兴奋。这个组织并不大，也不完美，但确实在我们心中占据了一定的位置。我们希望 OCCA 一直在这里。

其次，OCCA 需要我们每个人的付出。这么多年，有很多的志愿者付出了辛苦的劳动。无论是承担学校的教学工作，还是各项活动的组织安排，每一次也少不了各位热心会员和朋友们的鼎力相助和无私的付出，不论是个人的宝贵时间和精力。孩子们来中文学校，校长、老师都认真负责，没有辜负家长的期望和托付。从制定教学计划到实际招生和课堂教学，事无巨细；一次一次的大小活动，从组织者本身的前期筹划和具体落实都是在背后有很多的工作要做。风风雨雨波澜不惊，也一定是在有人在遮风挡雨努力前行。在这里我真心的对所有过往辛苦努力的朋友们道一声谢谢！

还有，OCCA 会不断改进，不断适应新情况的变化。回顾过去，会让我们了解多年的变化和调整，也同时可以看到诸多不尽如人意的困难和问题。平心而论，在这里，我们都应该秉承奉献的心态，这里并不是能够让成年人出人头地或飞黄腾达的垫脚石，反倒是可以为社区的子女成长提供多一个锻炼机会的简单组织。我们大家都知道，在 OCCA 生活的华裔同仁，都积极努力工作，为个人的价值实现，为自己家庭完美，为子女的教育费尽心力，我们都是每个行业出类拔萃的个体。真心希望在关注 OCCA 的同时，不要仅仅观望，而是能够积极出谋划策，献言尽力。也希望我们后续的活动能有你们的身影，带领孩子来这里欢聚，在这里付出，在这里收获快乐的心情和积极向上的生活态度。

最后，希望全体会员和朋友们一如既往的支持协会！支持中文学校！您的点滴帮助，铸就我们华人社区的凝聚力！

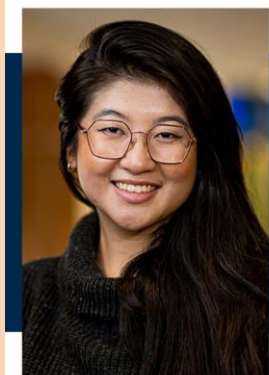
(OCCA 提供)



COLUMBIA BME BLAZE

Amy Wu

BS '19, Biomedical Engineering, Columbia University
Medical Student, Albert Einstein College of Medicine/Montefiore



“There's a lot of room for change and improvement within the clinical sector, but I also hope to see where public health and medicine can become strong partners and see how we can empower patients to be informed, educated and to have a stronger stake in their overall health outcomes.”

Claire Liu

President of the Rackham Student Government at U-M

Get to know OCCS grads Amy Wu and Claire Liu! (pages 4, 5)

《齐心协力，自强不息》

——小记华人家庭积极参与“中国传统之夜”

橙郡中文学校老师 谭坤

春回大地，万象更新。乘着红火热闹的中国新年的东风，纽约州萨芬中心学区的 RP Connor 小学迎来了疫情之后大规模面向社区的主题活动——中国传统之夜。这是本学区有史以来第一次以了解中国为主旨的社区活动。校长伯纳第女士说，过去的三年，华人因为新冠疫情遭受了很多不公正的待遇，学校希望趁此机会，通过一系列的主题活动让社区人民更全面地了解中国，了解中国的优秀传统文化以及中国人民为世界文明的进步所作出的贡献。

这所小学目前仅有的五个华裔学生全部来自橙郡中文学校，三个家庭也都是橙郡华人协会的成员。从 2022 年 12 月起，这三个家庭就被邀请加入了“中国传统之夜”的组委会，积极为这次活动出谋划策。橙郡中文学校的校长李娟女士，特地从华人协会借来了舞狮的道具，认真策划并组织排练。三个家庭的爸爸妈妈分别来自美国社会的各行各业，虽然都没有舞狮的经验，但本着积极融入社区活动的精神，硬是撑起了这场表演，把狮子舞练习地有模有样。三个家庭的五个孩子，从刚刚进入 K 的 Emma，到已经习惯了小学生活的一年级的 Benjamin，三年级的 Ervin，到俨然成为大姐姐的四年级的 Jessie 和 Aria，全都积极地参与进来，给美国同学讲解中国传统，介绍新年习俗，装饰教室和走廊，跟老师们和爸爸妈妈一起为这次的活动贡献力量。校长给大家隆重介绍了挂在大厅入口处的一条七彩飞龙。孩子们把自己的小手印在彩纸上，剪下手的形状做成龙鳞，写上祝福的话，用自己的方式表达对古老的中国的祝福。

在过去的两个月中，全校进行了一年一度的“共读一本书”活动。配合今年的主题，学校特地选择了著名华裔童话作家 Grace Lin 的代表作“Where the Mountain Meets the Moon”。这是一个以奇思妙想著称的故事，主人公 Minli 以寻找好运和幸福的传奇经历串起了很多中国传说里的人物。而这次的“中国传统之夜”的一个重要内容就是追寻 Minli 的脚步，完成一次奇妙的探险之旅。在老师和孩子们得装扮下，中国传统之夜的学校化身为一个探险圣地，有住着龙的山洞，有月老把守的宝藏。孩子们通过回答跟书中故事情节相关的问题得到线索，在教学楼中翻“山”越“岭”，最终找到好运和幸福。



本次活动还设置了各种中国传统的体验台。从使用筷子，到学写中国字，从彩绸舞到手工，从好运游戏到月亮拼图，老师们各自负责一个项目，新奇的体验让社区居民眼界打开，赞不绝口。镇上的中餐馆对活动更是大力支持，提供了非常有中国特色的炒饭，炒面。与会者一边品尝着各色中国美食，一边体验有趣的传统项目，流连忘返，惊叹连连。

本校的学生们更是深入研究中国的一切，把他们的研究用海报看板的形式呈现给社区居民。他们对中国的印象不再只停留在长城和大熊猫上，他们研究了中国的版图，探寻了中国的美食，收集了中国货币，甚至展示了中国的民族服装，国粹京剧以及汉字书法。更让大家惊奇的是，他们还深入研究了中国的体育运动，奥运会，世界冠军，甚至表示他们喜欢中国的国球——乒乓球，邓亚萍，以及拳王邹市明。从日常生活到前沿科技，孩子们用智慧的眼睛发现中国之美，赞叹中国之美。

活动接近尾声，在雄壮的鼓乐声中，在橙郡中文学校的五个孩子组成的腰鼓铃鼓队的引导下，橙郡华人协会的三个家庭组成的舞狮队隆重登场！踏着激昂的鼓点，两只狮子时而欢腾地跳跃，时而灵巧地舞动。在人群围绕的场地中间展示中国新年的传统表演，并且适时地跟人群互动，引来一阵阵尖叫和欢呼，将整场活动的气氛推向了最高潮，为全区近 400 位与会居民奉献了一场精彩纷呈的压轴大戏，惊艳了整个社区！

学校通过这样隆重的活动向社区宣告，我们是一个民族多元，文化相容，和睦相处，互相扶持的社区；我们华人家庭也极大地向我们的社区展示了华人积极参与社区活动的精神，关心社区，积极融入美国社会的态度。

共同存在，共同繁荣，才是发展之道，团结起来就会发挥巨大的能量。感谢橙郡华人协会对本次“中国传统之夜”的鼎力支持；祝贺橙郡中文学校的五位同学，你们让“中国”这两个字在这个特别的夜晚光彩重生！

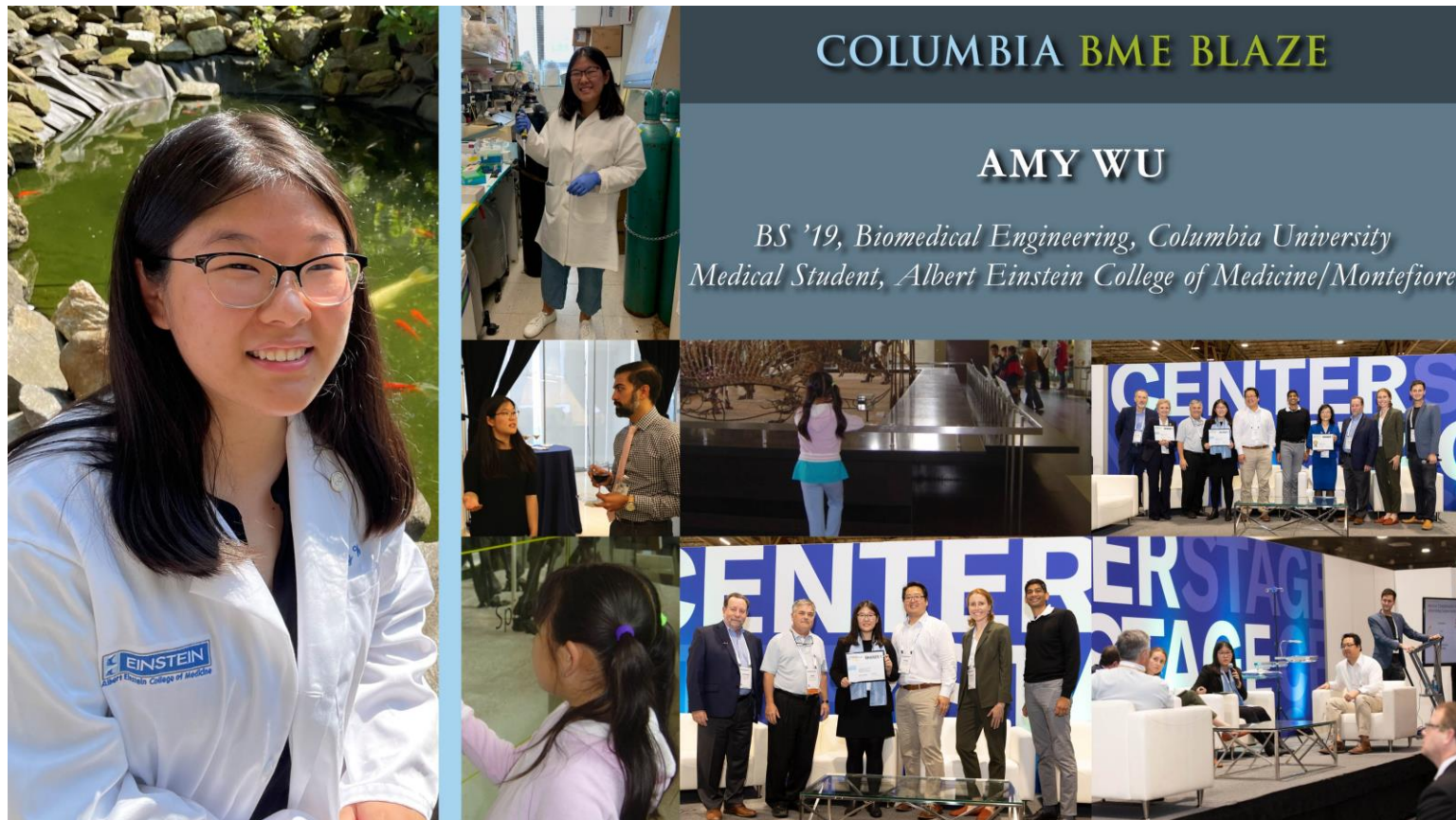


March 2023 - BME Blaze: Amy Wu

MAR 01 2023

Get to know the alumni, students, and scientists of Columbia's Department of Biomedical Engineering in this monthly spotlight. Read what our BME folks are up to, from our labs' latest research to our students' plans for the future, to our teams' innovations, start-ups, and other career successes.

We loved catching up with Columbia BME graduate Amy Wu, who told us about her experience at Columbia BME and her exciting plans to change the world. Read below to get to know Amy!



Amy Wu
Education
 B.S. Biomedical Engineering, Columbia University, 2019

Where are you from?
 New York

From left to right and top to bottom:
 1. White coat!
 2. How it's going (168th street and Broadway, 2022)
 3. One of many poster presentations. Here, at the Department of Anesthesiology Academic Evening.
 4. & 6. How it started (at the Museum of Natural History, 81st street and Broadway, 2005)
 5. 7. & 8. Pitching to sharks (investors) on stage at the American Society of Anesthesiology national meeting.

What drew you to the field of Biomedical Engineering?
 I always liked science as a kid—science days, science fairs, science museums, you name it. The discipline of science that I found most interesting was biology. The complexities of the human body that lay beneath the surface of our skin was amazing to me. The idea of being able to use this knowledge to make something around the human body was even more amazing. I wanted to learn all about tissue engineering, nanomedicine—the stuff that seemed only possible in sci-fi. I also love a challenge.

What is your current role?
 Medical student

Why did you choose Columbia BME?
 Columbia Engineering is very special. It's not only that is at the cutting edge, it also offers unparalleled exposure to the humanities within the cultural hub of NYC and the tradition of the Core Curriculum. You can't run from the lab down to the Met Opera for class anywhere else.

What were some of your favorite projects/memories from the program?
 The Smart Laryngoscope project, which started in senior design is definitely a memorable project. The foundational idea is to translate tactile expertise to facilitate learning. Being able to further refine this project by competing in Columbia's BiomedX and navigating the patent process were incredible learning experience.

The fried chicken biomechanics assignment was fun (and tasty) in Biomedical Engineering Lab!

What was your proudest moment at Columbia?
 It was pretty cool to go on stage at BMES to present our Smart Laryngoscope project to the director of the NIBIB, who also left us with encouraging words about our work.

How has your experience with Columbia BME contributed towards your goals?
 I think being able to think like an engineer, being able to

break a problem down into its components, is invaluable in medicine. Being challenged also provides you confidence for future challenges.

What are your thoughts on the strength of Columbia BME's alumni network and how has that influenced your career path?
 I would not be where I am without it! Columbia BME grads in medicine seem to be drawn back to research down the line. Being mentored by Columbia BME alumni in medicine really demystifies the path of the physician-scientist.

Any words of wisdom or tips for prospective BME students?
 It's the best major! You'll learn more than you think you think you can handle!

What are you excited about?
 Currently I'm looking forward to starting my first clinical rotation ("clerkship") this March, which is in Surgery.

Exploring public health from outside and within

Claire Liu

Health Behavior and Health Education

March 20, 2023

Claire Liu is pursuing a dual degree from the University of Michigan with a Master of Public Health in [Health Behavior and Health Education](#) from the School of Public Health and a Master of Science in [Physiology](#) from [Michigan Medicine](#).

She currently serves as president of the [Rackham Student Government](#) and test prep program director for [Central Student Government](#) on campus and lead insurance and referral counselor at the [UM Student Run Free Clinic](#). She also has sat on DEI committees for Health Behavior and Health Education and Rackham and the Dean of Students Advisory Board. While at Michigan, Liu has received support from the Sunway Trust Internship, Lawren H. Daltroy Memorial Fund and Michigan Public Health Internship Transition Fund.

Through transitioning from Biomolecular Science in undergraduate studies at New York University Tandon School of Engineering to Michigan Public Health as a graduate student, she embarked on a journey to study the intersections of medicine and inequities driven by social justice issues.

We spoke with Liu to learn more about her passions and how her education has aided her interests in public health.

What inspired you to pursue public health?

Growing up in a predominantly white neighborhood, like many other Asian Americans, I felt like an outsider. This spawned feelings of isolation and anger, but it inspired me to seek change and foster stronger relationships in college. I wanted to change not only the way that I interacted with community spaces, but I also want to change the structure of community spaces so that all people feel loved, supported, inspired and motivated. I've embraced service and advocacy to pursue those goals.

What led you to join the School of Public Health?

I think a hallmark trait of being a student at any university nowadays is to be socially and politically engaged. It is really something that every student goes through—and that is what drew me to public health. As an undergraduate studying engineering I did a lot of coursework on the basic sciences and introductory engineering courses. However, the deeper I dove into biomolecular science, the more unfulfilled I became because we weren't talking about people; we were just talking about science and mechanisms. Those things are extremely important, but they're not the only piece of the puzzle. Toward the latter half of my undergraduate experience, I began engaging more in public health, public policy and anthropology, and I sought out service opportunities and community partnerships with people who were actually doing the work and making the impact for social, gender and racial change.

Why were you interested in Health Behavior and Health Education?

I think one of the most important things that anyone can do is to serve and educate others. It's not necessarily about a group of people finding the solution, but rather that everyone is part of the cause. The way to do that is through education; to not only spread awareness of certain conditions, habits or policies, but also to have people actively engaged in those discussions. I was a part of Alternative Breaks at NYU, where we spoke a lot about how community members can become more involved and invested in meaningful change. What is great about Health Behavior and Health Education is, we dive heavily into health and behavioral change theories, how to motivate people to act and what are the different internal and



people to act and what are the different internal and external motivations that would propel someone to act. Ultimately, that's what I am most interested in: thinking critically and strategically about how education can be used as a platform for people to make their own decisions—and result in healthier outcomes.

What areas of interest are you drawn to in public health?

I'm really passionate about social, gender or racially based health conditions. Immediately, when you kind of come across that term, you think of various injustices. Through my undergraduate career, I was very involved in addressing gender-based violence and human trafficking. Specifically, I was a part of NYU's EMPOWER, a research and advocacy lab. The lab focused on finding potential interventions for survivors and producing educational materials for those working in women's health. I will never forget when I conducted patient interviews with survivors of genital cutting. Although I cannot change their experiences, I can aid them in protecting themselves and their children. When I came to Michigan, my interest definitely shifted a little bit but still in the same realm of injuries science.

Are you involved in any projects with Michigan Public Health that engage with your public health interests?

The opportunity to have an internship at the Injury Prevention Center and Institute of Firearm Injury Prevention is very meaningful.

What can we do to reduce gun injury and mortality? It's such a crucial conversation. I studied the topic and now I'm actively involved in the research; I feel very fortunate. It's so easy with these really large issues to feel kind of helpless, but the fact that I'm able to be engaged in this space is really astounding. The project that we're working on at [Dr. Patrick Carter's](#) lab is looking at different emergency department interventions for youth who come in with a firearm injury. The intervention that we introduced in the emergency departments at various urban areas in Michigan uses a method of behavioral coaching and motivational interviewing to get the patient to come to the realization that they can change certain risky behaviors or attitudes in regards to potentially violent or dangerous situations, and we've seen some pretty positive data. That's just one intervention but that excited me to continue toward injury prevention studies, and also doing more to alleviate health inequities.

How has your passion for public health impacted your campus experience?

I think my motivations for public health go hand in hand with many of the roles that I've taken in student organizations and especially, as president of Rackham Student Government. I have always been drawn to student life because our responsibility as students is not just to meet the academic requirements that we have to fulfill our degree, but really thinking intentionally about how we engage in a community and to explore different areas of our interests and what we can offer the world and vice versa. That's the kind of role that I see student governments having a hand in.

The University of Michigan, through the Okanagan Charter and [Well-being Collective](#), is trying to be very intentional about how our university can be a wellness-centered institution and have a more proactive response to general student, faculty and staff well-being and that's essentially what public health is—finding solutions focused on the social determinants of health. We are looking at how the environments and policies that impact how people work, live and play have an impact on their well-being.

I have been at Michigan for three years. The first was back in Fall 2020 when we didn't even have a COVID vaccine. To see U-M through the pandemic and emerging as the powerhouse that we all know it is has been a great experience. A large part of the efforts have been rooted in student leadership and activism. Students were behind mandating a COVID vaccine, setting up financial relief efforts, adopting a Pass/No Record COVID grading system, and creating ways to show up for each other in big and small ways. Through the initiatives that I have been a part of with many outstanding leaders on campus, we are looking to reframe the ways we engage in and within academic settings to allow for better methods of research, scholarship and mentorship.

I really believe that my participation and interest in student government has propelled my interest in public health and I aim to pursue a career in health advocacy. Specifically, I do want to be a public health physician. Having the knowledge and expertise of medicine—but also thinking about how we can organize to create meaningful social change—can only help in the long run.

What's next for you?

My education has largely been all about community organizing and helping address inequities, so down the line I do want to go to medical school. There's a lot of room for change and improvement within the clinical sector, but I also hope to see where public health and medicine can become strong partners and see how we can empower patients to be informed, educated and to have a stronger stake in their overall health outcomes.

Community News



SPOTLIGHT

**ESTHER
CHAO**

SR. MANAGER, BUSINESS VENTURES & DIGITAL STRATEGY
New York Yankees



Congratulations to Esther Chao for being promoted to Senior Manager of Business Ventures & Digital Strategy for the New York Yankees! Esther was also recognized by FEVO for her outstanding work: *“To work for a legendary team like the Yankees, you’ve got to be a legend yourself — and that’s exactly how we feel about Esther.”* 🙌

**Welcome the newest members of the
OCCS 2023-2024 Student Government Association!**

OCCS 2023-2024 学年学生会成员

Advisor 学生会顾问 Mrs. Qian He
Executive Officers 学生会成员
学生会主席 Co-President Jeffery Shi, Dawson Lin
Vice President Andrew Wu
Secretary Claire He
Treasurer Daniel Chen
Historians Anthony Chen, Iris Chen
Jovia Zhang
Committee Matthew Qu, Chelsea Liang



Garnet Health

**Looking for a Summer Internship, Externship or
Volunteer Opportunity?**
Garnet Health Medical Center is the place for you!

High School Opportunities

High School Volunteer Program: High school volunteers add an extra dimension to the exceptional care we provide our hospital community and they have the opportunity for personal growth and development. Possible areas include nursing units, Guest Services, and Registration. You must be at least 15 years old, enrolled in high school and able to attend mandatory orientation (June 28th) to be eligible to apply.

Observation Experiences: This experience is for anyone exploring a future career in Healthcare. The student will gain valuable insight into a specific position by observing a member of the team for one day. You must be at least 16 years old to participate.

Please apply online to confirm your attendance by visiting:
<https://careers.garnethealth.org/>

現代社會對婚姻和家庭的定義，與聖經的價值觀可謂相離甚遠，以至夫妻關係產生極大張力，甚至破損！什麼是「神聖婚姻」的現代意義，如何經營合乎神心意的夫妻關係？願我們在這個營會中找到真正的答案。

2023
角聲夫妻營



神聖的婚姻 敬虔的後代

講員：張亞倫牧師 (伯特利教會主任牧師)
鄭立新牧師 (「吹號者」事工創辦人)

地點：角聲生命莊園
100 Eddy Farm Rd, Sparrow Bush, NY 12780

論壇專題

Part 1 - 神聖婚姻中的夫妻關係-「有主同在」的關係特質

- 建立夫妻的心靈默契
- 解決衝突的智慧
- 一家之主的角色-夫妻關係的互補和調適
- 學習勒住舌頭，以「愛」去聆聽對方的需要和感受

- 張亞倫牧師 (伯特利教會主任牧師)
- 陳熾牧師 (角聲佈道團紐約事工總幹事)
- 王大為牧師 (角聲宣教士學院副院長)
- 林榮臻傳道 (布碌崙宣道會傳道)
- 江琬瑜 (Good Job Angels 執行長)

Part 2 - 培養敬虔卓越的後代

- 從小灌輸孩子對聖經的認識
- 學習積極參與孩子在學校的教育
- 引導孩子建立聖經的價值觀
- 幫助特殊孩子跨越身心靈層面的挑戰

主題信息：普通話 論壇專題：普通話、粵語

日期 2023年5月19、20、21日 (三天兩夜)

網上報名 (截止日期：2023年5月12日)

(早鳥優惠：3月底前報名，可享受10%折扣優惠)

成人 每對夫妻 \$350 (包括註冊費、兩晚住宿費、六餐飲食費)

兒童 5歲以下免費，5-17歲每位孩子 \$80

設有兒童節目和照顧

查詢電話 718-799-8213 (可留言)



請掃碼報名



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COMBO S1 \$30.50
1/2 lb. snow crab
1/2 lb. black mussel
1/2 lb. shrimp (no head)
1 corn, 2 potatoes and 1 egg.

COMBO S2 \$29.50
1/2 lb. snow crab
1/2 lb. sausage
1/2 lb. shrimp (no head)
1 corn, 2 potatoes and 1 egg.

COMBO S3 \$35.50
1/2 lb. lobster tail
1/2 lb. sausage
1/2 lb. shrimp (no head)
1 corn, 2 potatoes and 1 egg.

COMBO S4 \$34.50
1/2 lb. king crab leg
1/2 lb. black mussel
1/2 lb. shrimp (no head)
1 corn, 2 potatoes and 1 egg.

COMBOS BAG
(1 LB FOR EACH SEAFOOD)
COME WITH 2 CORNS & 2 POTATOES

COMBO A) \$40
Shrimps with Head and Crab Legs

COMBO B) \$44
Shrimps with No Head and Crab Legs

COMBO C) \$27
Shrimps with Head and Crawfish

COMBO D) \$38
Crab Legs and Black Mussels

COMBO E) \$23
Clams and Black Mussels



WARNING: CONSUMING RAW OR UNDERCOOKED FOODS SUCH AS MEAT, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

CAJUN SEAFOOD

Call 845-566-3888

www.flaminggrillbuffetny.com

Business Hours: Sunday to Thursday 11AM-9:30PM
Friday & Saturday 11AM-10:30PM

COMBO SPECIAL BAG
(NO SUBSTITUTIONS)

CHOOSE YOUR FLAVOR
1.CAJUN (ORIGINAL)
2.GARLIC BUTTER
3.LEMON PEPPER
4.THE TASTY SPECIAL (ALL THE ABOVE)

CHOOSE SPICY LEVEL ▲
NON-SPICY
MILD
MEDIUM
HOT



EXTRAS

CAJUN FRIES \$5

CORN ON THE COB (2) \$3

POTATOES (3) \$3

BOIL EGGS (2) \$3

SAUSAGES (HALF LB) \$5

SAUSAGES (1 LB) \$9

STEAMED RICE \$3

CAJUN FRIED RICE \$8

SHRIMP CAJUN FRIED RICE \$10

CAJUN WINGS 6Pcs. \$7 /10Pcs. \$11

BUFFALO WINGS 6Pcs. \$7 /10Pcs. \$11

LEMON PEPPER WINGS 6Pcs. \$7 /10Pcs. \$11



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CALL 845-566-3888 OR

VISIT US @ WWW.FLAMINGGRILLBUFFETNY.COM

Appetizer

Spring Roll (2) \$1.50
Egg Roll (2) \$1.99
Crab Cheese Rangoons (4) \$5.95
Pot Stickers (8) \$5.95

Soup

Beef Soup Pt. \$3.99 Qt. \$5.99
Wonton Soup Pt. \$2.99 Qt. \$4.99
Eggdrop Soup Pt. \$2.99 Qt. \$4.99
Hot & Sour Soup Pt. \$2.99 Qt. \$4.99

Side Order

White Rice Pt. \$1.99 Qt. \$2.99
Plain Fried Rice Pt. \$2.99 Qt. \$4.99
Chicken or Beef or Shrimp Fried Rice choose one Pt. \$4.99 Qt. \$6.99

Sushi Box \$15.99

Choose Any 4 Rolls

☐ California Roll
☐ Salmon Roll
☐ Tuna Roll
☐ Spicy Tuna Roll
☐ Spicy Crabmeat Roll
☐ Eel Roll
☐ Crabmeat Roll

Lunch Specials Box \$10.99

Choose Any 4 Items
Lunch 11:00AM-3:30 PM

☐ French Fries
☐ Fried Dumpling
☐ Fried Bun
☐ Sesame Ball
☐ Chicken on a Stick
☐ Chicken Nugget
☐ Fried Chicken Wing
☐ Fried Fish
☐ Crawfish
☐ Clam
☐ White Fish
☐ Sauteed Mushrooms
☐ Broccoli w. Chicken or Beef choose one
☐ General Tsao Chicken
☐ Black Pepper Chicken
☐ Sesame Chicken
☐ Teriyaki Chicken
☐ Peanut Chicken
☐ Grill Chicken
☐ Hibachi Chicken or Beef or Shrimp choose one
☐ Teriyaki Fried Rice
☐ Lo Mein
☐ Macaroni & Cheese

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BOTTLE SODA \$2.50

-PEPSI
-DIET PEPSI
-SPRITE
-GINGER ALE
-DR PEPPER
-ORANGE SODA
BOTTLE WATER \$1.25

Appetizer

Spring Roll (2) \$1.50
Egg Roll (2) \$1.99
Crab Cheese Rangoons (4) \$5.95
Pot Stickers (8) \$5.95

Soup

Beef Soup Pt. \$3.99 Qt. \$5.99
Wonton Soup Pt. \$2.99 Qt. \$4.99
Eggdrop Soup Pt. \$2.99 Qt. \$4.99
Hot & Sour Soup Pt. \$2.99 Qt. \$4.99

Side Order

White Rice Pt. \$1.99 Qt. \$2.99
Plain Fried Rice Pt. \$2.99 Qt. \$4.99
Chicken or Beef or Shrimp Fried Rice choose one Pt. \$4.99 Qt. \$6.99

Sushi Box \$15.99

Choose Any 4 Rolls

☐ California Roll
☐ Salmon Roll
☐ Tuna Roll
☐ Spicy Tuna Roll
☐ Spicy Crabmeat Roll
☐ Eel Roll
☐ Crabmeat Roll

Dinner Box \$12.99

Choose Any 4 Items

☐ French Fries
☐ Fried Dumpling
☐ Fried Bun
☐ Sesame Ball
☐ Chicken on a Stick
☐ Chicken Nugget
☐ Fried Chicken Wing
☐ Fried Fish
☐ Baked Crabmeat Cheese
☐ Crawfish
☐ Clam
☐ White Fish
☐ Lobster Or Stir Fried Crab choose one
☐ Mussel
☐ Steamed Flounder Fish
☐ Coconut Shrimp
☐ Salt & Pepper Shrimp
☐ Spare Ribs
☐ Sauteed Mushrooms
☐ Broccoli w. Chicken or Beef choose one
☐ General Tsao Chicken
☐ Black Pepper Chicken
☐ Sesame Chicken
☐ Teriyaki Chicken
☐ Peanut Chicken
☐ Grill Chicken
☐ Grill Duck
☐ Hibachi Chicken or Beef or Shrimp choose one
☐ Teriyaki Fried Rice
☐ Lo Mein (Veggie)
☐ Macaroni & Cheese



Scan QR Code

Consumer Advisory: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses. Alert your server if you have special dietary requirements.

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認識上帝並傳揚祂的作為

Service Schedule

教會聚會時間:

Sun 2:30 PM- Worship Service 主日崇拜

Mon 8:30 AM- Galleria Small Group

Tue 8 PM- Middletown Small Group

Wed 10 AM- Women's Bible Study

Wed 8 PM- Church Prayer Meeting

Thu 10 AM- Monroe Small Group

Fri 8 PM- Bible Study Group

occccnny.org

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